



# SEPTEMBER | 2017

## COMMONWEALTH ACADEMY BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> NO SCHOOL HOLIDAY WEEKEND
<b>4</b> NO SCHOOL HOLIDAY	<b>5</b> ASSORTED COLD CEREAL BLUEBERRY MUFFIN FRESH FRUIT (SLICED APPLES) FRUIT JUICE ASSORTED MILK	<b>6</b> YOGURT BUGBITES CUPPED FRUIT ORANGES ASSORTED MILK	<b>7</b>	<b>8</b> BAGELS W/CREAM CHEESE  FRUIT JUICE BANANA ASSORTED MILK
<b>11</b> ASSORTED COLD CEREAL BLEBERRY MUFFIN ASSORTED MILK CUPPED APPLESAUCE FRUIT JUICE	<b>12</b> FRENCH TOAST STIX SLICED APPLES CUPPED FRUIT ASSORTED MILK	<b>13</b> YOGURT GRAHAM CRACKERS ORANGES CUPPED FRUIT ASSORTED MILK	<b>14</b> OATMEAL W/GRAIN TOAST CUPPED FRUIT FRUIT JUICE ASSORTED MILK	<b>15</b> ASSORTED COLD CEREAL BLUEBERRY MUFFIN APPLESAUCE FRUIT JUICE
<b>18</b> PEANUTBUTTER CUPPEDFRUIT ORANGES ASSORTED MILK	<b>19</b> W/GRAIN GRITS W/GRAIN TOAST FRUIT JUICE ASSORTED MILK	<b>20</b> PANCAKES MIXED FRUIT SLICED APPLES ASSORTED MILK	<b>21</b> CHEESE TOAST APPLESAUCE FRUIT JUICE ASSORTED MILK	<b>22</b> YOGURT TEDDY GRAHAM CUPPED FRUIT SLICED APPLES ASSORTED MILK
<b>25</b> ASSORTED COLD CEREAL BLEBERRY MUFFIN ASSORTED MILK CUPPED APPLESAUCE FRUIT JUICE	<b>26</b> PLAIN BAGELS W/CREAM CHEESE FRESH BANANA APPLESAUCE ASSORTED MILK	<b>27</b> ASSORTED COLD CEREAL BLEBERRY MUFFIN ASSORTED MILK CUPPED APPLESAUCE FRUIT JUICE	<b>28</b> OATMEAL W/GRAIN TOAST CUPPED FRUIT FRUIT JUICE ASSORTED MILK	<b>29</b> FRENCH TOAST STIX SLICED APPLES CUPPED FRUIT ASSORTED MILK

News

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SEPT 7, MENU  
CHEESE TOAST  
CUPPED FRUIT  
BANANA  
ASSORTED MILK