

November 2014

Commonwealth Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 No School	4 No School	5 Pancakes Fresh fruit Cupped fruit Assorted milk	6 Whole grain toast Breakfast sausage Fresh fruit Cupped fruit Assorted milk	7 Peanut butter and jelly Fresh fruit Cupped fruit Assorted milk
10 Cheese toast Fresh fruit Cupped fruit Assorted milk	11 Oatmeal Whole grain toast Fresh fruit Cupped fruit Assorted milk	12 Assorted cold cereal Muffin Cupped fruit Fruit juice Assorted milk	13 Pancakes w/ syrup Cupped fruit Fresh fruit Assorted milk	14 Whole grain toast Breakfast sausage Fresh fruit Assorted milk
17 Whole grain hot cereal Toast Fresh fruit Fruit juice Assorted milk	18 Oatmeal Whole grain toast Fresh fruit Cupped fruit Assorted milk	19 French toast stix Fresh fruit Cupped fruit Assorted milk	20 Breakfast sausage Whole grain toast Fresh fruit Cupped fruit Assorted milk	21 Assorted cold cereal Muffin Assorted fruit Assorted milk
24 Oatmeal Whole grain toast Assorted fruit Assorted milk	25 Bagels w/ cream cheese Fresh fruit Cupped fruit Assorted milk	26 Assorted cold cereal Muffins Cupped fruit Fruit juice Assorted milk	27 Thanksgiving Break	28 Thanks giving Break

News

Be Safe during
this Thanksgiving
Holiday.